



PRADEEPA LEADERSHIP DEVELOPMENT

ONLINE WEEKEND SCHOOL

Fast Track your Career



The sole purpose

of Pradeepa Leadership Development School is to help
you become a thriving leader and enable significant
career growth and higher levels of income.

SCHOOL CURRICULUM



Leadership
Behaviors



Leadership
Skills



Career
Growth



Leadership Behaviors

- **How** to avoid disappointments with anything
- **How** to come out of a victim mentality
- **How** NOT to be a people pleaser
- **Understand** and own your Superpower
- **How** to be compassionate towards yourself

How to avoid disappointments with anything

The reason why disappointments happen in the first place is that we have expectations. We feel disappointed when we expect something from someone, or when we expect something to happen, and it doesn't happen. We can't be disappointed in anything unless we have expectations. The problem with expectations is that they're often internal, and they're one-way. The expectation may be unspoken, so, for example, the person you're expecting something from doesn't even know about it. If you are a leader, it's hard to lead using that approach.

There is a way to avoid disappointments. It's through creating agreements. Agreements are something people make mutually between themselves. The beauty of creating agreements is they are co-created and require a two-way dialogue. They are not one-way, like expectations. It is about creating that shared understanding and consensus. Agreements are not one person telling the other what to do. Agreements come about when two people co-create a mutually acceptable solution that incorporates their joint perspectives. As a leader, co-creating agreements allows you to lead powerfully and avoid disappointments.



Additional Resource:

How to avoid disappointments with anything

How to come out of victim mentality

Let's say that my son lies to me, and when I find out, I say something like, "Kartik – You are making me angry!" The mere act of saying this comes from the thought pattern in my mind where I believe my son's action has the power to make me angry. It comes from a deep victim mentality, and I genuinely think it's because of my son that I am feeling angry.

The problem with being in victim mentality is that we believe everyone around us has some remarkable ability to make us feel a certain way, whether that's good or bad. As a leader, leading powerfully from the victim mindset is hard because you rely on other people's actions to determine how you're feeling, and then act accordingly.

The solution to come out of the victim mentality is to take ownership of our actions for any events unfolding for us. This comes from a powerful place and gives us the freedom to choose how we want to act/react and not be constrained by our usual thinking: "I don't have control over this." You will not have control over external things, but you certainly have control over your mind and thoughts. You can choose how you want to own the situation from your perspective and choose the actions you want to take, then move forward.



Additional Resource:

How to come out of victim mentality

How NOT to be a people pleaser

People pleasing comes from the desire to be liked and accepted by everybody. This stems from our childhood, where a child learns that "if I please adults, I get what I want" - food, shelter, toys, treats, etc. And often, our pleasing is recognized and rewarded by adults. So, we learn to do more pleasing to get what we want. It is a survival technique that people build their entire personality around.

This behavior leads to changing your being and doing to match the needs of the people you interact with. As we progress in adult life, we continue to see the remnants of that pleasing aspect that does not help us create a successful life and career. It also hinders our ability to lead powerfully from that perspective and produces subpar, inconsistent results.

A way to move away from pleasing is to learn and understand the power of service and come from the perspective of serving others powerfully rather than pleasing them. Serving leads to the successful life and career you want, not to spinning your wheels and finding ways to please. A leader who serves powerfully inspires others the same way.



Additional Resource:

How NOT to be a people pleaser

Understand and own your Superpower

We all possess some unique superpower that is special to us. Often, we don't realize, acknowledge or understand our superpower and how we can use it for the greater good. We are also tuned to be our own harshest critics, to look at our "flaws" more closely, and to want to correct them.

I call this a "black dot in the white paper" phenomenon. When I place a small black dot on a white paper and ask somebody what they see, the majority will mention the black dot first. Why? Because we often look for anomalies. We can equate those anomalies to imperfections, a form of judgment. We always look for ways to erase/hide those black dots and create a fresh sheet. When leading others, we tend to concentrate on those black dots as something to get rid of instead of noticing the gifts they bring to the table.

To be a fantastic leader, one must understand their superpower(s), cultivate and nurture them, and find creative ways to use them for good. It is easy to get lost in fixing up all the "defects," but it is worthwhile to amplify and use superpowers creatively for a more significant impact on your life and others. When you embrace your superpower, it will allow you to see the superpowers in others and find ways to nurture and boost them.



Additional Resource:

Understand and own your Superpower

How to be compassionate towards yourself

We are our own harshest critics. When we come from a place of criticism, it's challenging to be compassionate towards ourselves. Also, it's hard to see ourselves as complete, curious, intelligent, sufficient beings who can create amazing things in this world. I read once in my mentor Steve Chandler's work, When we focus on finding diamonds, all we will find is diamonds, and when we focus on finding dirt, all we will find is dirt. It's up to us how we see our alleged "flaws." We often come from the place of not being ok with those flaws and want to hide them, pretend they don't exist or be critical of ourselves for having those "flaws." There is also a fear of judgment from others.

When we try to hide our flaws, we don't come from a place of worthiness, courage, and authenticity. As a leader, it's not great to lead from self-criticism. It also affects the leader's ability to be compassionate towards the people you lead.

A great start to being compassionate towards ourselves is:

- 1 By identifying our qualities and understanding why we think some of them are imperfections
- 2 To acknowledge that we are currently not okay with those imperfections
- 3 Find ways to truly embrace the so-called imperfections by learning to ignore the judgments that keep us from moving forward.



Additional Resource:
Loving Myself and You



Leadership Skills

- **How** to say NO with ease
- **How** to go through a heated conversation
- **How** to work with a difficult manager/employee
- **How** to give and get feedback effectively
- **How** to find your voice

How to say NO with ease

A habit that was so easy for many of us when we were young turns out to be difficult when we age. That is our ability to say No. The inability to say No also makes us say Yes to anything and everything, leaving our life overwhelmed. I have also seen that different cultural aspects can play a role for many of us, making it difficult to say No out of politeness or obligation.

A famous quote by Warren Buffet says something like, “Very successful people say no to almost everything in life.” Our ability to communicate No is a critical leadership skill because it lets us keep our laser focus on things that genuinely matter. This habit helps us prioritize our life, achieve our goals, and remove the noise from other things.

To say No with ease, we need to understand to whom we are saying Yes and how that is helping or hindering our progress.

It is better to realize that our Yes comes from genuine commitment or obligation. It is a critical leadership trait to allow people to stay focused and guard against “priorities” that don’t matter.



Additional Resource:
How to say No with ease

How to go through a heated conversation

Many times, when we encounter a conversation that is turning out to be heated, a couple of things can happen.

1 We shut down, unsure of how to turn the conversation around to be meaningful.

Or

2 when one person raises their voice, it triggers the other person to raise theirs too, to defend or justify their stance. Either way, the situation can become unpleasant, frustrating, uneasy to handle, and unproductive. Often, people want to remove themselves from it immediately to avoid feeling uncomfortable. It becomes difficult to move forward professionally in that conversation.

In this school, we will focus on:

- How to move away from heated, unproductive conversations assertively
- Turn the conversation around for the better
- Assess the situation quickly and self-evaluate how the conversation is going
- Request the other person politely pause the exchange and reconvene later



Additional Resource:

How to go through a heated conversation

How to work with a difficult person

I like to define a “difficult” person as someone we haven’t figured out how to work with effectively. They may come across as intimidating. Often, the conversations with them are not productive and fruitful, and we feel frustrated, defeated, and depleted after such discussions. It can be hard to collaborate and be able to share our perspectives without having to think 100 times about the worthiness of sharing. It also feels hard to understand such persons. Often, we try to avoid or minimize interactions with them to keep our peace.

We will encounter many such people in our life, and simply avoiding them will be ineffective. Some of the skills we learn in this school are:

1 How to work and interact effectively with such “difficult” people

2 How our thinking plays a significant role in forming views about others

3 How to use curiosity to work effectively with “difficult” people



Additional Resource:
How to work with a difficult person

How to give and get feedback effectively

Feedback is often a sensitive topic for many, and it's often looked at as something wrong. I have frequently encountered situations when I request permission to share feedback and the first question that comes out is – “Oh no, What did I do wrong?” People associate feedback with something negative and unpleasant. Also, many people are not appropriately trained in giving meaningful and effective feedback. And they try ineffective techniques such as the “Feedback Sandwich” (negative feedback sandwiched between 2 positive feedbacks), which worsens the feedback process.

Giving and getting feedback early and often is a crucial leadership skill. This sets up the team and the organization for tremendous success in the future. The true intention for feedback is only to understand both positives and negatives and to find ways to amplify the positives and minimize the negatives.

In this school, we will learn practical ways to

1

Implement giving and getting effective feedback.

2

Create a feedback-rich culture and learn from the input to pivot or persevere.

3

Learn about the significance of taking ownership of one's growth by proactively getting feedback from various sources.



Additional Resource:
How to give and get feedback effectively

How to find your voice

Often many of us shy away from asking for things or sharing our opinion on matters, especially in front of authority or among experts. We often censor our voice with a thought process involving various internal what-ifs: “What if I sound stupid? What if others don’t like and support what I have to say? What if they think I’m not savvy in the subject, or they make fun of me? That will hurt. I am not the right person to talk about this.”

We also fear getting a No when we ask for things. We take those rejections personally and start making stories that we are not good enough to receive those things.

A few things we will learn in this school are:

1. How to find our courage and truly build that muscle to voice our opinions
2. How not to take things personally
3. How to get rid of that inner voice that limits us from genuinely finding and showcasing our voice

When we find our voice, the possibilities in life and career are endless. It helps us articulate our thoughts, perspectives, and concerns quickly. It allows us to present ourselves with more confidence and clarity. It enables us to trust our ability to contribute valuably to conversations. It aids us in asking for help, raises, and promotions, and in not worrying about the actual outcomes.



Additional Resource:
How to find your voice



Career Growth

- **How** to lead powerfully
- **How** to be “seen” and “heard” at work
- **How** to be confident in interviews
- **How** to get your next promotion
- **How** to build an excellent team
- **How** to achieve any goals in life

How to lead powerfully

Leading others starts with leading self first. Leading outside starts with leading inside.

What does it mean to lead ourselves first? Leading ourselves starts with integrity – with saying what we will do and doing what we say, not for others but for ourselves. It also means being comfortable embracing our whole self, and acknowledging and appreciating who we are and what we bring to this world – understanding that we all have our natural power source and wisdom guiding our gut instincts and intuition.

There must be a perfect alignment between who we are in this world and what we do. If those two don't match, we are not being authentic to ourselves. It is hard to lead powerfully from the place of an inauthentic self.

Leading ourselves powerfully also includes not worrying about others' judgments. To lead others powerfully, one must genuinely care about oneself and one's own well-being.



Additional Resource:
How to lead powerfully

How to be “seen” and “heard” at work

Even though many people are doing good work in organizations, it has been observed that only a tiny percentage of people get acknowledged and recognized for their work, leading to promotions and raises and swiftly climbing the career ladder. So, what about the rest of the people who also do good work and are left behind? It can be an extremely frustrating and defeating experience in their careers.

Instead of leaving the recognition and acknowledgment to chance, I always believe we can take ownership for being “seen” and “heard” at work. **We should showcase the value we bring to the table for the organization.** If one doesn’t believe their own work matters, no one else will.

In this school, we will discuss many practical and different ways to showcase and present your work and its significance to your team and organization. This will automatically lead to being recognized by colleagues who can utilize the value you bring and who can also talk about how it is changing their life for the better.



Additional Resource:

How to be seen and heard at work

How to be confident in interviews

From my perspective, interviewing is an art. Like anything else, it requires practice to get to mastery. There is a belief among some professionals that even though you may not be actively looking for a job, it is essential to attend many interviews in life to keep your interview muscles more robust. It is like working out regularly to build and sustain stronger muscles, even though we may not be preparing for body-building competitions.

Many people get nervous about going through interviews. Even though they are technically more adept and may have the skills needed to perform the work, often there is a fear of the unknown regarding the process, the people, and the job itself.

Interviews are an excellent opportunity to share about ourselves, who we are, our passions, what we value, what we can bring to the table, and why we are the best candidate for the opportunity.

This school will teach you skills to showcase these things by focusing on your value and moving far away from the fear factor. One other thing we will focus on in the school is building our muscles to face rejections. Why? Because this lets us move forward in the interviewing process and not take a so-called “negative” interview experience personally—we can simply build our skills and approach the next interview with more awareness, energy and enthusiasm.



Additional Resource:
How to be confident
in the interviews

How to get your next promotion

I once read Master Coach Rich Litvin's blog, which referenced a quote from spiritual leader Byron Katie:

"You can have anything you want in life if you are willing to receive 1,000 NOs."

This quote resonated with me deeply as it addresses a human's general tendency to give up on something they want after receiving a few rejections, even if that something is significant for them.

I have worked with many people in my corporate career who are hesitant to ask for a promotion even though they are qualified. There are many reasons given: "I don't think I will get it if I ask, so why bother asking?" "There are probably others who are more deserving"; "I have asked in the past and did not get it, and I will feel bad if I ask and do not get it," and so on.

One way to get promoted is to "be a stand for your work." It is about valuing the work you do and being proud of that value. It is about understanding and sharing how your work changes your life and the lives of others. It is also about not shying away from sharing with others the things you care about and are passionate about. In this school, we will learn how to stand for our work.



Additional Resource:
How to get the next promotion

How to build an excellent team

Excellent high-performing teams are not just formed by chance. It takes conscious and intentional effort to build and nurture them continuously. According to leadership expert Simon Sinek, “A team is not just a group of people who work together; a team is a group of people that trust each other.” Suppose a group of people does not trust each other. In that case, the aspect of working together, collaborating, showing mutual respect, supporting each other, and having each other’s back is all out the window.

So how does one create a team of this kind where all members have deep trust in each other? It is in the leader’s ability to create safety in that environment for team members to bring their whole selves to work and be themselves. Leadership expert and Harvard professor Amy Edmonson define psychological safety as the **“shared belief held by team members that the team is safe for interpersonal risk-taking.”** This school will teach you various ways for leaders to:

- 1 Create high-performing teams in their organizations
- 2 Give equal opportunity for people to express their views
- 3 Have higher than average emotional intelligence as a team

This will lead to happier environments, fulfilled team members, and satisfied customers.



Additional Resource:

How to build an excellent team
How to create a fantastic team

How to achieve any goals in life

We all have thousands of reasons why we can't achieve a goal, but how can we turn it around and find that "one" reason for why we CAN achieve that goal?

My coach Ankush Jain once told me, "Anything is possible when you put time and attention into it." Yes, it is that simple. Then why are many of us struggling to achieve the goals we set in our lives? Why do we give so many reasons and excuses for why we can't reach them? New Year resolutions come and go for many and don't stick as long-term habits. We give excuses like procrastination, lack of proper qualification, or perceived inability.

But there is a straightforward way to achieve anything in life. It's by simply starting. Not waiting for the perfect day or month for something to happen. Also, when we identify a solid reason for why we want to achieve a goal it helps us keep the goal at the forefront of our minds. It keeps us focused on a plan and helps us eliminate other "noises" from our focus. It also prompts us to take even tiny steps to march towards the goal.

A great leader achieves her dreams and inspires and helps others achieve the same.



Additional Resource:

How to achieve any goals in life

Why am I creating this school?

I genuinely believe anyone can be an AMAZING leader. In today's corporate world, many people who want to become better leaders and create impact are primarily on their own to figure things out for themselves. Even if they are skilled leaders as managers, many are not trained coaches, teachers, and mentors who offer those skills to their team members. In many organizations, managers are overwhelmed with their busy day-to-day work and cannot provide the necessary guidance and support to their teams. Resources such as videos, books, and blogs can only help so far in improving leadership skills. I want to change that through my school.

I learned from my extensive experience in teaching, coaching, and mentoring leaders that people learn better when interacting with others who have practical experience and who have built expertise in that subject over time through cycles of trying, failing, floundering, learning, and eventually succeeding.

Through this school, I want to teach leadership skills to anyone in the corporate world who desires to take their leadership to the next level, become an impactful leader, and who needs and welcomes guidance & support in achieving these goals.

The sole purpose of this school is to help you make yourself a better leader, leading to more significant career growth and higher levels of income.

This school combines all the best information, strategies, and ideas I have learned to unlock the full leadership potential of anyone who participates.

As a leader in a global organization and a leadership coach, I attribute my career and life's accomplishments to my commitment and investment in personal and professional development through coaching, self-work, and mentorship with some of the best, world-renowned coaches for the past seven years. In my lifetime, I want to help as many leaders as possible achieve even greater success in life and their career and create the future they want.

Our world needs such leaders now more than ever!

Pradeepa
Leadership Development
School
Logistics



LED BY

**Pradeepa
Narayanaswamy**
(Pragmatic Leader,
Leadership Coach, 2 X
Author, TEDx Speaker)



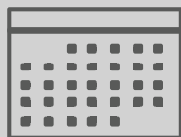
WHEN

**Starting
January 21, 2023**



DURATION

6 Months



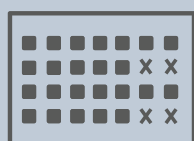
MEETS ON

**Saturday Mornings
Central Time**



CADENCE

**Alternate weekends
for most weeks**



WHERE

Online via Zoom



School Calendar (Central Time)

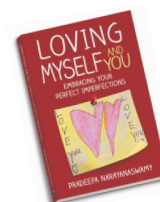
January 21, 2023 9:30 - 11 am FIRST SESSION	April 15, 2023 9:30 - 11 am
February 4, 2023 9:30 - 11 am	April 29, 2023 9:30 - 11:30 am
February 18, 2023 9:30 - 11 am	May 6, 2023 9:30 - 11 am
March 4, 2023 9:30 - 11:30 am	May 20, 2023 9:30 - 11 am
March 25, 2023 9:30 - 11 am	June 3, 2023 9:30 - 11 am
April 1, 2023 9:30 - 11 am	June 17, 2023 9:30 - 11:30 am LAST SESSION

90-MINUTE SESSIONS

2-HOUR SESSIONS

What's included:

- Eight 90-minute Sessions and Four 2-hour Sessions on Saturdays (total of 12 sessions)
- Guest teachers from different disciplines (Bonus sessions apart from the 12 sessions)
- Cohort-based learning
- Access to an extensive Resources Library
- Curriculum Book recommendations
- One on One 30-minute laser coaching session (will be recorded and privately published for other students to learn)
- One Bonus One on One 60-minute coaching session (will not be recorded)
- Private Facebook group to share, learn and collaborate
- A copy of Pradeepa's book "[Loving Myself and You.](#)"



Cost :

\$2,000 USD

(If paid in one single payment)



GUEST TEACHERS

GUEST TEACHER

John Sigmon



I met John seven years ago when we both trained in Co-Active coaching. Even though John had an outstanding resume, with a few C-level positions already under his belt, the thing that stood out about John, and what continues to amaze me is his way of being. When we trained together, I hadn't met anyone else as generous with their time, energy, and resources in our community. An example of this is when John expertly guided and helped me create and execute a hugely successful Executive Leadership Development Program at Toyota.

I asked John to be a guest teacher for my Leadership Development school for a few reasons. John is simply a fantastic human being and is a decorated leader. John did not have an easy life and career to begin with, but his tenacity and persistence drove him from being homeless in his twenties to knocking on doors to ask for—and get—his first job. From there he eventually became a Chief Financial Officer and a Chief Human Resources Officer, and he is now a very successful Executive Coach. In this school, John will talk about how to rise through the ranks and achieve C-level roles without sacrificing your values.

JOHN'S BIO *in his own words*:

John W. Sigmon is an executive coach, speaker and organizational transformation expert with a diverse range of expertise spanning every sector of the economy. He draws on an extraordinary career as a people leader and C-Suite executive (CFO and CHRO) to create impactful experiences for individuals and organizations through coaching, organizational transformation and customized consulting.

GUEST TEACHER

Robin LeFevre



I have known Robin since 2019 when I had the pleasure of serving under her leadership at Toyota. At first, I was on the fence about accepting the job at Toyota, but my decision became easier as soon as I talked to Robin during my interview process. Right from my first interaction, I found Robin to be an approachable, honest, no-nonsense leader with an amazing sense of humor. I had the firsthand experience of witnessing and learning from Robin's leadership closely; I literally sat next to her at the office (pre-pandemic days). Robin has a knack for influencing her team by building intentional connections and rapport. I saw her regularly meet all her team members (several hundred of them), including the consulting partners, one on one. She is an amazing listener; she is curious and asks questions, and if any actions need to be taken, she takes notes and follows up on those without fail. Everyone in the organization respected admired and loved Robin for her leadership and genuine care for people.

Robin will be teaching us how to create a massive impact in the organization through building strong relationships, getting things done, and growing successfully as a leader.

ROBIN'S BIO *in her own words:*

Robin LeFevre is a recently retired Toyota executive with a Master's degree in Business Administration and over 35 years of successful leadership experience. Her career at Toyota's national headquarters began as an entry-level Analyst and subsequently included numerous roles throughout both the Toyota and Lexus divisions' profit centers, with increasing levels of responsibility. Robin's strong relationship skills and reputation for getting things done earned her advocates at all levels throughout headquarters, field offices, dealerships around the country, global distributors, and within Toyota Motor Corporation in Japan. At retirement, Robin was General Manager, Business & Product Enablement - Connected Technologies, one of Toyota's newest, most profitable divisions.

GUEST TEACHER

Gopal Ponangi



I came across Gopal ji in 2019 when a good friend of mine served in the campaign for his school board election. I then had the pleasure of meeting and getting to know him and his work. He is truly a public servant and has dedicated his life to serving the local Dallas-Fort Worth community through various non-profit organizations. He is extremely passionate about children's education and strengthening and growing our younger generation. He has been elected to serve on the Board of Trustees for Frisco Independent School District not just once, but twice, consecutively. Personally, I am in awe as I continue to learn the deeper meaning of service from his dedicated work for our community.

Gopal will be teaching the students about how to lead and influence from a place of deep service, as well as how to bring out and articulate your differentiating factor where it matters. He will also share key leadership lessons learned from winning two public elections.

GOPAL'S BIO *in his own words:*

Gopal Ponangi is the second-time elected Board of Trustee for Frisco Independent School District. He was the first ever Minority Leader to win any elected position in the City of Frisco when he was first elected in 2019. Gopal has been serving the community since 2000 through various non-profits like Frisco Education Foundation, Diwali Mela, Ekal Vidyalaya, Telugu Association of North Texas, and Vidya Daanam, to name a few. He is the Founder and President of a non-profit called Shubham Foundation, which provides scholarships to the Seniors from Frisco Independent School District and provides support to a Clinic in Richardson that provides free treatment for patients with no insurance.

GUEST TEACHER

Dr. Kate O'Leary



I met Dr. Kate O'Leary, M.D., M.S., (infertility specialist) in 2019 when she reviewed my first book, *Infertility Can Suck Less*, without my having to ask her. When we connected over a call, what became immediately apparent was her empathetic approach to working with her infertility patients. Personally, it was so refreshing for me to encounter a doctor like her, as I had experienced five different doctors in my infertility journey who mostly saw me as a “female patient with X problem.” I even told her I wished she had been my doctor when I went through my treatments. I follow Dr. O'Leary on social media, where I continue to see her encouraging and supporting infertility patients through her personalized messages. Dr. O'Leary is a true gift to the infertility community as well as a talented and empathetic doctor; any patient of hers is fortunate to have her.

Dr. O'Leary will teach students how to lead effectively with empathy and care. She will draw leadership lessons from her experience as an infertility specialist working with patients with challenging and complex situations and teaching students how to apply those lessons in their organizations and teams.

DR. O'LEARY'S BIO *in her own words*:

Kate O'Leary, M.D., M.S., is double board-certified in Obstetrics and Gynecology and Reproductive Endocrinology and Infertility. She obtained her medical degree at Northwestern University Feinberg School of Medicine. She completed a residency in Obstetrics and Gynecology at the San Antonio Uniformed Services Health Education Consortium (SAUSHEC) at Lackland Air Force Base. To become a fertility specialist, Kate O'Leary completed a fellowship in Reproductive Endocrinology and Infertility at Stanford University. She also pursued a Health Care Research and Policy fellowship, which allowed her to earn a Master of Science in Health Services Research from Stanford University. Before entering private practice, Dr. O'Leary served as a United States Air Force lieutenant colonel. She is passionate about fertility preservation and optimizing lifestyle factors and nutrition for fertility.

GUEST TEACHER

Shakila Rengan



I have known Shakila for the past twenty-three years, since we first met in Bangalore, India, at our first job together with Infosys as newly minted Software Engineers. I had personally observed and hugely admired Shakila's leadership and her ability to teach effectively, and I had a chance to learn from her. Since then, Shakila has had an impressive career in Information Technology, and her love for technology and teaching led her to teach and train tens of thousands of Infosys employees on their Professional Development. After moving to the UK several years ago, Shakila found her calling in working with and teaching special needs children.

Shakila will be drawing on lessons from her vast experience in teaching and training technologists and now working in special needs education. She will teach us how to lead compassionately and effectively in complex situations where there are a lot of unknowns.

SHAKILA'S BIO *in her own words:*

Shakila is a highly skilled Learning and Development Specialist in Information Technology and Special Education sectors. She has nineteen years of leadership experience in learning services, software development, and special education. Shakila has directed, designed, developed, and delivered several competency development programs to tens of thousands of Infosys employees. For the past several years she has led, created, and implemented several customized learning plans for special-needs children. She has a Master's degree in Software Systems and is pursuing her Master's in Educational Psychology.



30-Minute 1-1 Laser Coaching

The school includes one 30-minute one-on-one laser coaching session to all attendees. Note that this session will be recorded via Zoom video call and will be made available privately for all the students to watch and learn from the coaching.

I would strongly encourage you to think about a topic beforehand to bring to this session so that we can jump directly into the coaching. It is a place for us to go anywhere you want and solve any critical problems you have in your career. Nothing is off the table.

Pradeepa will work with the students to schedule this laser coaching session.



Bonus: 1-1 Private Coaching

The school includes one private 60-minute coaching session. It is a place for us to go anywhere you want and solve any critical problems in your life. Nothing is off the table.

I have coached leaders on the personal front with relationship breakups, divorce, child loss, parenting, infertility, and handling marital struggles.

I have coached executives on working effectively with demanding managers, improving leadership skills, increasing executive presence, dealing with challenging employees, speaking confidently, saying no with ease, and avoiding people-pleasing.

Attendees are required to schedule and take this session during the school calendar.

Private Facebook Group

The attendees of this school will be added as a part of an exclusive and private Facebook group as soon as they sign up for the school. This group forum will enable us to continue sharing the learnings between the session, resources, and other valuable tips that have worked for the students in implementing the learnings from the school.

The biggest perk of being part of this group is that the group members will act as a support structure. You will be part of a close community that will cheer, support, and is part of your journey to becoming a better leader.

This private Facebook group will be a safe space for you to bring, discuss and get help about the most difficult challenges, share your sweetest wins, and anything in between.



CURRICULUM BOOKS

Reinventing Yourself

by Steve Chandler

Mindset

by Carol Dweck

Show Your Work

by Austin Kleon

Go for No

by Richard Fenton & Andrea Waltz

Drive

by Daniel Pink

The Effective Manager

by Mark Horstman

Yes, And

by Kelly Leonard & Tom Yorton

Loving Myself and You

by Pradeepa Narayanaswamy

RESOURCE LIBRARY

The school includes lifetime access to my extensive resource library. The library resources will include videos, audio, documents, blogs, book recommendations, etc. that will enhance your learnings and skills as a leader.

I curated these resources carefully based on my experiences with personal and leadership development over the course of a decade.

The students will get immediate access to this resource library as soon as they pay fully for the school to kick-start their learning. I request that the students not publicly share these resources without my written permission.

Frequently Asked Questions

What is different about this school?

This leadership development school is not like every other school. This school is for leaders committed to crafting their life, career, and the success they want. It is for leaders who wish to elevate their leadership in their personal and professional life. It's for leaders who desire to lead powerfully, bring their best in life, and bring out the best in other people they interact. This school is for the leaders who want to get the "seat at any table" and are unwilling to compromise their values or lose their souls. It's for the leaders willing to stretch themselves, bring their 100% to this, and be open to learning and challenging their "status quo" to create a better self and future and inspire others along the way. Most importantly, all the practical things about being an effective leader will be taught in this school. Refer to the curriculum to see the topics covered.

Who is the audience for this school?

It's not about what job title you have or the money you make. This leadership development school is for anyone in the corporate or business world who wants to improve their leadership skills. The main criteria are willing to learn, act, grow, share successes and challenges, and be coachable.

Why is the 30-minute laser coaching session being recorded?

I believe anyone can learn and grow tremendously from listening to other people's challenges. The laser coaching sessions are recorded to allow all the students to learn from the discussed problem. It also provides an opportunity for the listeners to feel that others have similar challenges to them. It also allows the students to observe the coaching and the outcome. The recordings are made available only to the other students, and it is not permitted to be shared anywhere outside.

Will I have homework as part of attending school?

Yes. I have carefully curated an extensive resources library that includes audio, videos, blogs, articles, and recommended books as part of this school. Students are responsible for purchasing their books except for the book "Loving Myself and You"; I will mail a signed copy of this book to all the students. Apart from going through and learning from all the resources from the library, students will be given homework and actions to take throughout the sessions. Their responsibility is to take those actions that will tremendously grow their leadership skills and start seeing an impact immediately in their career and life.

What can you tell me about the guest teachers?

I have carefully curated the list of guest teachers invited to teach at Pradeepa Leadership Development School. These guest teachers come from Public Service, Medicine, Special Needs Education, Retired Automotive General Manager, C-Level Executive turned Coach, and Business Strategy Executive. They all have fantastic success in their life & career and possess unique leadership skills and abilities. Students will have a tremendous opportunity to learn from all these excellent guest teachers to enhance their leadership.

When will the sessions with guest teachers happen?

I will be working with the guest teachers to confirm dates and times based on their availability. Those dates will be announced to the students and added to the school schedule after the guest teacher's confirmation. All these sessions with guest teachers will be recorded and shared with the students for their private use. These recordings are not permitted to be transmitted outside.

How to get the most value out of attending this school?

The students at this school can get the most value by doing the following: showing up and actively participating in all the sessions, attending all the bonus sessions with Master guest teachers from different disciplines who will bring some great learnings and lessons to this school, reading the recommended curriculum books and putting those learnings into action, and actively learning from the extensive library of resources. I strongly advise the students to come prepared for the upcoming sessions with questions and doubts, bringing real-life scenarios for us to discuss and learn, wins and failures in trying the learnings from prior sessions. The school will have a substantial practical aspect for students to try during the sessions where you can test the education in a safe space and get feedback from your fellow students. I encourage all students to connect outside the school and share, support and learn from the rest of their cohort. I strongly encourage all the students to join the private exclusive Facebook group to continue sharing and learnings outside our scheduled sessions.

How many students will be there in this school?

I believe intimacy creates a more profound learning experience. In my ten-plus years of experience leading groups of 5-500 people, the best learning and engagement happens in smaller settings. It is when people feel connected, have a sense of belonging, being part of a group of allies that they can form trust and be open. A smaller group of attendees will aid that; hence, this school has only **25** spots.

About Pradeepa



Pradeepa Narayanaswamy is a Leadership and Executive Coach, a thought leader in the Agile space, a publisher of 2 books, an Amazon best seller, and a TEDx speaker.

Her mission in life is to help develop impactful leaders to achieve greater success in life and become their powerful version of themselves.

More about Pradeepa:

<https://Pradeepa.Coach>

<https://www.linkedin.com/in/pradeepanarayanaswamy/>



Interested? Let's talk!

Reach out to Pradeepa at [Hello@Pradeepa.Coach](mailto>Hello@Pradeepa.Coach)

